**Tai chi Forms and Push Hands Workshop**

**Siena, Italy - June 1st - 6th, 2019**

Agriturismo La Gavina di Sopra

Monteriggioni, Siena, Italy.

[www.lagavina.it](http://www.lagavina.it)

**Program**

Saturday, 1st 2:30 pm check in ; 4:00 - 7:00 pm Slow Set

Sunday, 2nd 10:00 am - 12:30 pm ; 4:00 - 6:30 pm Slow Set

Monday, 3rd 10:00 am - 12:30 pm ; 4:00 - 6:30 pm Basic Push Hands and Energy Work

Tuesday, 4th 10:00 am - 12:30 pm ; 4:00 - 6:30 pm Advanced Push Hands

Wednesday, 5th 10:00 am - 12:30 pm ; 4:00 - 6:30 pm Advanced Push Hands

Thursday, 6th 10:00 am check out

price **€710** all included

(tai chi instructions, food and accommodation, hotel tax, pick up and drop off at Siena train and bus station

Price per person based on double room occupancy.)

Add **€100** for a single room.

Registration and info with:

Claudio Corbelli

claudio.dongtaichi@gmail.com

Tai chi tuition for local students and non residents:

**€280/$340** whole workshop.

**€100/$120** Saturday and Sunday (three classes)

**€160/$190** Saturday to Monday